

SPRING TERM 2018

Firside Junior

Monday 1	Tuesday 1	Wednesday 1	Thursday 1	Friday 1	Week
All Day Breakfast -with veggie option	Chicken & Vegetable Casserole	Savoury Minced Beef	Roast Chicken	3 Fish Fingers	Commencing
Sausage (meat/veggie), bacon, hash brown, scrambled egg	Cheese & Tomato Quiche	Roasted Vegetable Plait	Cheesy Leek Mushroom Potato Bake	Cheesy Filled Jacket Potato	
Vegetable Burger in Roll	Mashed Potatoes	Mashed Potatoes	Roast Potatoes	Chipped Potatoes	08/01/2018
Baked Beans	Sweetcorn - Carrots	Mixed Vegetables	Cauliflower	Sweetcorn	05/02/2018
			Broccoli	Baked Beans	12/03/2018
Fruit Flapjack	Chocolate Sponge & Sauce	Fruit Yoghurt	Rice Krispie Cake	Iced Sponge Finger	
Monday 2	Tuesday 2	Wednesday 2	Thursday 2	Friday 2	
Beef Lasagne & Garlic Bread	Sweet and Sour Chicken	BBQ Chicken Pizza	Baked Gammon	3 Fishfingers	
Vegetable Lentil Lasagne	Wholemeal Pasta, Peas Sweetcorn Medley Cheese Sauce	Cheese & Tomato Pizza	Cauliflower & Broccoli Bake	Cheese, Tomato, Onion & Potato Pie	15/01/2018
Mashed Potatoes	Rice		Roast Potatoes	Chipped Potatoes	19/02/2018
Mixed Vegetables	Carrots	Diced Potatoes	Peas	Baked Beans	19/03/2018
	Broccoli	Green Beans	Carrots	Sweetcorn	
Apple Flapjack	Jam Sponge and Custard	Chocolate Shortbread	Trifle	Toffee Cream Tart	
Monday 3	Tuesday 3	Wednesday 3	Thursday 3	Friday 3	
Local Butchers Sausages	Meatballs in Tomato Sauce with Rice	Pasta Bolognese	Roast Pork & Yorkshire	3 Fish fingers	
Vegetarian Sausages	Macaroni Cheese	Shepherdess Pie	W/M Pasta Tomato Medley	Homemade Cheese & Potato Pasty	22/01/2018
Mashed Potatoes	Pea & Sweetcorn Rice		Roast Potatoes	Chipped Potatoes	26/02/2018
Mixed Vegetables	Carrots	Rice	Cauliflower	Baked Beans	26/03/2018
		Green Beans	Broccoli	Sweetcorn	
Fruity Yoghurt	Scotch Pancakes and Sauce	Chocolate Sponge/Pud & Sauce	Blueberry Muffin	Chocolate Oattie Square	
Monday 4	Tuesday 4	Wednesday 4	Thursday 4	Friday 4	
Chicken Goujons	Sausage Plait	Chicken Korma + Naan	Roast Beef & Yorkshire	3 Fish fingers	
Quorn Vegetable Biryani	Creamy Mushroom Wholemeal Pasta with Garlic Bread	Homemade Vegetable Pasty	Quorn Sausage Casserole	Vegetable Enchalada	29/01/2018
New potatoes	Mashed Potato	Wholegrain Rice	Roast Potatoes	Chipped Potatoes	05/03/2018
Mixed Vegetables	Baked Beans	Mashed Potato	Roast Parsnips	Baked Beans	
		Green Beans	Cabbage	Peas	
Citrus Sponge Pudding	Fresh Fruit Platter	Strawberry Mousse	Chocolate Brownie	Jelly & Ice Cream	

Jacket Potatoes, Fresh Fruit and Yoghurt available everyday